Searching for a Past: The Adopted Adult's Unique Process of Finding Identity

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Description
Schooler's book is a practical how-to for adoptees in search of their birth parents and/or family members than a guide through the psychological entanglements generated by such a search. Schooler utilizes quotes from individuals who have attempted a search to stress the range of outcomes a person can expect—from dead end to a joyful and lasting reunion with heretofore unknown family. The book covers joining a search support group, preparing everyone involved for the impact of the search, delineating special problems of teenage and midlife searchers, and handling the issue of birth parents who don't want to be found. A helpful guide that prepares people for failures while keeping a fairly optimistic perspective overall.

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