**Type:** Book (edited)

**Title:** Tooth erosion: prevention and treatment

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**Editor:** Yip, K., Smales, R., Kaidonis, J.

**Statement of Responsibility:** Kevin HK Yip, Roger J Smales, John A Kaidonis

**Abstract:**
"Erosion frequently coexists to varying extents with other tooth wear processes, such as abrasion and attrition, but erosion is often not recognized as being present or is confused with other wear mechanisms." "The aim of this book is to inform ... of the causes and treatment of tooth surface loss from erosion. Chapters are presented as a series of extensively-referenced articles, which include information on the importance of the oral environment and lifestyle behaviors in influencing tooth erosion, and practial information on the prevention of tooth erosion and the restoration of lost tooth substance." --pref.

**Subject:** Teeth Erosion, Dental enamel Deterioration

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Review these signs of tooth erosion or skip to prevention and treatment. Acidic food or drinks, acid reflux, medications, and eating disorders are some causes of enamel erosion. Like most health issues, it is easier to prevent than it is to repair. Once the first signs of erosion are noticed, it is important to identify the cause and make changes to avoid further damage to your enamel. The Causes. Our diet has become more acidic. Acid reflux and eating disorders can go undiagnosed and untreated for years. Acidic foods and drinks are the most common cause of tooth erosion. Citrus drinks, citrus Erosion of tooth enamel is a non-carious lesion of teeth. When erosion affects not only the enamel but also dentin on the vestibular (front) or buccal surface. For defects typical symmetrical arrangement. Pathology is not only a cosmetic defect, but serious dental disease that requires immediate treatment because it can quickly progress. Especially good the defects become visible after thorough drying and treatment with 5% tincture of iodine. A solution of iodine gives a yellow-brown coloration of the diseased enamel. Prevention. Measures to prevent erosion of the enamel include replacing hard toothbrush to a soft. You must use a little less abrasive and whitening toothpastes. Drinks can cause erosion (juices and soda), it is advisable to consume through a straw. Tooth enamel erosion isn’t reversible, but here are some tips for how to prevent it and stop it from getting worse. Tooth enamel can’t be regrown. But you can prevent erosion from getting worse with dental treatment and by taking care of your teeth. Enamel erosion symptoms. Symptoms of tooth enamel erosion can vary. They often include: increased sensitivity to taste, textures, and temperature.